

Participant Handouts

Participant handouts include:

Manual

- ERGOO Office Ergonomics Training Manual (PDF)

Evaluation Worksheets

- ERGOO Office Ergonomics Evaluation Worksheet – Manual Entry (pdf)
- ERGOO Office Workstation Evaluation Worksheet PDF Fillable No Pics (pdf)
- ERGOO Office Workstation Evaluation Worksheet PDF Fillable With Pics (pdf)
- Office Ergonomics Tele-Assessment Information Form (docm)

Office Ergonomics Quick Reference Guide

- ERGOO Office Ergonomics Quick Reference Guide (PDF)

Sample Assessment Worksheets

- Ergonomics Workstation Evaluation Assessment Worksheet Example 1 (pdf)
- Ergonomics Workstation Evaluation Assessment Worksheet Example 2 (pdf)
- Ergonomics Workstation Evaluation Assessment Worksheet Example 3 (pdf)

Participant Polls

- ERGOO 2021 Polls (pdf)